



Newsletter of Surrey Playing Fields - October 2017

# Thank you David



David Gill joined Surrey Playing Fields in 2011 as our Director following his early retirement from Waverley Borough Council where he was head of the leisure department.

I had however known David for considerably longer having first met him when Geoff Dunn and

I set up Surrey Sport (the precursor to Active Surrey) when the then Minister for Sport decided that Sport England and the regional representative Sports and Recreational Councils were too close and wanted clear water between them so he abolished them.

Surrey Sport was set up and shortly after David became its secretary until it was overtaken by what is now the Active Surrey Sports Board.

In 2010 our then Director stepped down and David was approached by the Trustees who felt that he was the natural successor and luckily he agreed to join us.

In the six or so years that he has been our Director he has played a full role in developing the strategy that we follow and has been a excellent ambassador in fully representing us on the committees of our partners including particularly Cricket, Football, Active Surrey and the County Sports Councils. His wise counsel in those bodies will be missed.

David has always had the view that outdoor sports are and will be hugely valuable to local communities for, in a changing world, team sports will have huge health and social benefits. He is also a passionate believer that Playing Fields and Recreational Open Spaces in Surrey must continue to be safeguarded and protected for once the land has gone it is lost forever; something that we have been doing now for over 90 years.

So we bid David farewell, thanking him gratefully for the time and effort he has put into Surrey Playing Fields and wishing him well in the voluntary work for sport that I know he will be continuing to do in the future.

### Gerry Ceaser (Chairman)

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For sports help throughout Surrey
Affiliated to the National Playing Fields Association

The work of the Surrey County Playing Fields Association is funded by subscriptions from local authorities at county and district levels and parish and town councils. It also receives funding from Sports Clubs and individuals. Details are in our Annual Report.

We thank them all.

## **Organisations on SCPFA Advisory Committee**

Surrey County Council Surrey County Football Association Surrey County Rugby Football Union Surrey Sports Board Surrey Community Action Active Surrey
Surrey County Lawn Tennis Association
Surrey Cricket Foundation
Surrey County Athletic Association

We are grateful for their support and wise counsel

# Some personal thoughts on the current trends for sport affecting Surrey Playing Fields from David Gill, our outgoing Director

- 1. As a voluntary organisation, Surrey Playing Fields have been actively supporting sport, recreation and play in Surrey since 1927. It's done a great job in the county for 90 years but the world is changing and the pace of change has now never been so fast.
- 2. Fewer adults are now taking part in organised and structured sport and many local authorities, who are the main owners of community recreation grounds, will in future look to reduce expenses on sports grounds and playgrounds. Not because they want to but because sport and leisure are discretionary services and they will be required to prioritise their reducing budgets in the years to come on targeted or mandatory services.
- 3. Primarily because of new technologies and demanding lifestyles, it is likely that there will be a shift towards sports and fitness activities that revolve more satisfactorily around an individual's lifestyle. Active participation is therefore likely to veer towards more individual activities and shorter or more informal variations of the traditional team sports....but beware of the rise and growth of E-sports. In the decades to come, pure sport and e-sport will compete for people's spectating and leisure time.
- 4. However, in my view, outdoor sports will in future still be hugely valuable to local communities. In a changing world, which will often revolve around new and exciting technologies in the home, team sports will have huge health and social benefits and make communities more cohesive. Politically and socially, the NHS and the health agenda will continue to be a massive challenge.....but it's also an opportunity and should help to support the case for the Playing Fields movement.
- 5. Playing Fields and recreational open spaces in Surrey must continue to be safeguarded and protected. Land pressures will continue to grow so long as populations increase. Once a playing field has gone, it's gone forever. In the future it's important that sport and recreation facilities are all well maintained, monitored and managed.
- 6. Crucially, the community value of sport, play and recreation must be contained in local strategies, thus giving them more relevance and reducing the likelihood of precious local facilities being used for something else. Local plans featuring sport and recreation is something that Surrey Playing Fields must actively advocate. Beware, any recreation grounds that are neglected and under-used will potentially be vulnerable to development in the future.

Thanks to good leadership from the chairman, Gerry Ceaser, and the calibre and commitment of trustees and so many good volunteers and partners, the Surrey Playing Fields is well positioned to continue its positive work in the county.

#### David Gill

# **HOW OUR BURSARIES CAN HELP**

# **Coaching at Chobham**

In early 2017 Chobham Cricket Club were faced with a problem familiar to many clubs, in trying to find sufficient coaching resources for our junior section. An obvious answer was to get some of our own young players qualified as coaches. However, ECB level ll courses are expensive for clubs, especially as early season finances are often tight. However, with the help of grants and bursaries from Surrey Playing Fields we were able to get two of our young players, Ehti Sadiq and Sam Braid onto these courses.

The benefits to the club have been immense since these two newly qualified coaches have helped coaching at all levels but in particular have set up, and run, our Sunday All Stars session where 35 children between 5 and 8 had their first taste of organised cricket sessions.

The program has been a great success and great for the young participants and the club. However, we are also sure that both Ehti and Sam have learnt many skills that will help them develop in many ways.



### THE FA AND BHF TEAM UP ON DEFIBRILLATORS



The British Heart Foundation (BHF) and The Football Association (The FA) are calling on grassroots and amateur football clubs in Surrey to help save more lives from cardiac arrests by installing lifesaving defibrillators.

The BHF and The FA have already helped part-fund and place around 600 defibrillators at grassroots clubs across the country and are now inviting applications from clubs operating within the National League System, Women's Pyramid of Football or Charter Standard Programme for a further 900 available.

**Lisa Hodgson, FA Medical Education Lead, said:** "The FA continues to recognise the importance of providing timely and appropriate emergency first aid following casualties at footballing activities. "Alongside our partners at the British Heart Foundation and WEL Medical, we are supplementing our CPR training by providing an excellent opportunity to receive equipment that could mean all the difference in a potentially life-threatening situation. I would implore football clubs across the country to apply."

Research shows that over 90% of sudden cardiac arrests in young athletes happen either during or immediately after exercise (1) and those with an inherited heart condition can be up to three times as likely to suffer a sudden cardiac arrest if they participate in intensive or strenuous exercise (2). At least three fatalities occurred during football matches or training this year in England due to cardiac arrest, including former England international Ugo Ehiogu who died whilst working as coach at Tottenham Hotspur FC. A cardiac arrest is when a person's heart stops pumping blood around their body and to their brain. It causes the person to fall unconscious and stop breathing, or stop breathing normally.

For every minute without CPR and defibrillation, a person's chance of survival decreases by around 10 per cent (3). A defibrillator is an automatic device that can be used by the public to shock the heart back into a normal rhythm during cardiac arrest. By performing CPR and using a defibrillator until an ambulance arrives, you can help double the victim's chance of survival.

You can apply for a defibrillator by visiting: www.footballdefibs.org

For more information see: www.SurreyFA.com

# 90<sup>TH</sup> ANNIVERSARY DINNER

### There are still places available - Please book soon

The President of Surrey Playing Fields, Mr Michael More-Molyneux, invites you to attend the 90<sup>th</sup> Anniversary Dinner of the Surrey Playing Fields to be held at the Reigate Manor Hotel, Reigate Hill, Reigate, Surrey,RH2 9PF on

### Friday, 20th October 2017 7:30pm for 8:00pm

This Dinner is to celebrate 90 years of support to Playing Fields, Clubs and individuals involved in Sport in the County of Surrey by the Association.

Our Guest of Honour and Speaker will be Anne Dickens, MBE, the Para Canoeist who was the 2016 Olympic Gold Medalist

On your arrival, Bucks Fizz will be served, followed by a three course meal to delight the senses, tea/ coffee and mints to complete a sumptuous meal.

A pay-bar will be available for Dinner wines and drinks.

The all-inclusive cost is £50.00p per head.

There will also be a raffle, this is always a popular feature of such an evening, if you are able to donate a prize, please bring it with you or you can send it to one of the Executive Officers prior to the 7<sup>th</sup> October

#### Menu

Classic Prawn Cocktail with lemon and brown bread and butter.

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Goats Cheese and Caramelised Red Onion tart, baby leaf salad, cherry tomato coulis (vegetarian option)

*--oOo*–

Sirloin Steak, roast potatoes, roasted carrots and greens, red wine gravy
--oOo---

Apple and cinnamon crumble tart with custard --oOo---

Tea/ Coffee and Mints.

<u>Fish Main Course Alternative</u>.

Baked Salmon Fillet, roasted new Potatoes
Lemon and herb sauce,

<u>Vegetarian Main Dish</u> Portobello mushroom topped with ratatouille and grilled goats cheese

Accommodation is available at the Hotel (Tel: 01737 240125) should you wish to stay the night.

# GET ACTIVE 50+ FOR LONGER, HEALTHIER, HAPPIER LIVES



Do you or someone you know want to feel fitter and healthier, get out and meet new people? Then **Get active 50+** *For longer, healthier, happier lives*, could be the answer.

Across the county, there are sports and physical activities offered at hugely reduced prices to inspire residents aged 50 plus to try something new - improving not just physical health, but also their mental wellbeing.

Badminton, bowls, exercise and dance classes, inclusive multi sports, jogging, swimming and many others are on offer across individual boroughs. including 2017 additions cage cricket and Community Golf and strength and balance classes.

#### **Every little helps**

Leading a healthier, more active lifestyle doesn't necessarily mean running a marathon or going to the gym - it could be brisk walking, dancing the foxtrot or bowls. Raising your heart rate for short periods several times a week can lead to both physical and mental health benefits: it can help manage many conditions such as heart disease, cancer, diabetes, stroke, joint problems and obesity, as well as lower the risk of other diseases such as Alzheimer's and depression.

**Get active 50+**, delivered by Active Surrey, is funded by Sport England, the Borough and District Councils and Surrey County Council Public Health exclusively for people aged 50 or over. It aims to improve health amongst older adults across Surrey, where one in five adults of all ages are classed as inactive and 30% are not meeting the Chief Medical Officer's (CMO) guideline of 150 minutes per week of moderate exercise.

**For more information** contact Mark Sherwood at mark.sherwood@surreycc.gov.uk or call 01483 519334

# **Surrey Playing Field Contacts**

We have a contact for each council area in Surrey. We have one officer who looks after county wide projects; he can also put you in touch with the officer who is appropriate for your request. The details are shown below:

#### **County Development Officer**

Mr Barry Hitchcock, MBE, Tel: 01483 410165 email: barry.hitchcock@gmx.co.uk

#### **Borough Development Officers**

Elmbridge Mr Mike Armitage, Tel: 07930 405788, email: mike.j.armitage@btinternet.com

**Epsom & Ewell** Mr Andrew Tibble, Tel: 07773 149755, email:atibble@hotmail.co.uk Guildford Mrs Heather Dean, Tel: 01483 525283, email: heather.dean@ukgateway.net **Mole Valley** Mr Bob Higson, Tel: 01306 886043, email: r1hgn@higsonweb.com **Reigate & Banstead** Mr Mike Hughes, Tel: 0208 668 3314, email: mikehhughes60@gmail.com

Runnymede Mr Alan Greig, Tel: 01784 741022, email: a.greig3@ntlworld.com

**Spelthorne** Mrs Shirley Winson, email: shirleywinson21@gmail.com

**Surrey Heath** Mr Grant Simmons, email: gsimmons@ravenscote.surrey.sch.uk **Tandridge** Mr Denham Earl, Tel: 020 8660 6621, email: dm laearl@hotmail.com

Mr Martin Maybrey BEM, Tel: 01483 893209, email: martin.maybrey@btinternet.com **Waverley - Eastern** 

**Waverley - Western** Mr Brian Greig, Tel: 01252 793762, email: briangreig@fsmail.net

Cllr Ian Eastwood, Tel 01483 481864, email: cllrian.eastwood@woking.gov.uk Woking

Other Officers you may need to contact are:

Mr Jim Faulkner, BEM, Tel: 01483 275628,email:jim\_faulkner@talk21.com **Honorary Secretary** 

Children's Play Provision Mr Jean Wenger MIEW RPIIAM,

and Safety Advisor 50 Hurst Park Road, Twyford, RG10 0EY. Tel. 07970 764 804,

email: jeanwenger@activerms.org



#### 2017 AWARDS - NOMINATIONS

Nominations are invited for the 9 separate categories in the 2017 Fields in Trust Awards and can be submitted until Sunday 22nd October. Reference to the FIT website, www.fieldsintrust.org, show that nominations are welcomed for any groups and individuals across the UK.

You will also see that the website lists all the Fields in Trust. Unfortunately some in Surrey do not have a photo attached so if anyone has a picture of one that is missing (or are near enough to take one) please send it on by email to out secretary, Jim Faulkner on jim faulkner@talk21.com. Thank you

# WELCOME TO OUR NEW **WEBMASTER**

We are delighted top welcome Alex Geear as our new webmaster. Alex will replace our hard working secretary Jim in this role. His details are as follows: 7 Stanhope Cottages, Racecourse Road, Lingfield, Surrey, RH7 6PQ Tel: 07532 741653

Email:alexander.geear@gmail.com



#### This newsletter is produced quarterly by Surrey Playing Fields

www.surreyplayingfields.co.uk

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